

2020 ICA High School Culinary Invitational Dish Requirement Sheet

Team Name:	
Team School:	
Teacher Name:	

DISH REQUIREMENTS:

Please indicate the size of the dish you will need for the competition by writing the number of pieces you need in the left-hand column. Keep in mind, as outlined in the rules, that starch, protein and vegetable should be on one plate, salad on a second plate, and dessert on a third plate. The following are the dish dimensions/Industry standard (these are basic dinnerware dimensions that may be used for any of the courses):

Number Needed	Plate Size	Inner Plate	Rim
	9 ½" Plate – white china	5 ½" Inner Base	1 ½" Rim
	12" Plate – white china	7" Inner Plate	2" Rim
	9" Rimmed Bowl – white china	8 oz. volume	2 ½" Rim
	10 ½" Rimmed Bowl – white china	6 oz. volume	1 ½" Rim
	11" x 8" Oval Plate – white china	7" x 4 ½" Inner Base	1" Rim
	Ramekin – white china	2 1/2" diameter – 1 ½" tall	N/A
	Martini Glass	7" tall – 8oz capacity	5" wide
	Shooter Glass	4" tall	1 ½" wide



**Please complete this form and send to
Lauren Balak no later than February 3, 2020
lbalak@mcneb.edu**